



Bears Football

June 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5 Last Day of School	6
7	8	9	10	11	12	13
14	15 Workouts Begin 1:30-3:30 Passing League Lyman HS 6:00-8:30 pm	16 Lifting/Condition 1:30-3:30 Touchdown Club Meeting 6:30 Cafeteria	17 Lifting/Condition 1:30-3:30	18 Lifting/Condition 1:30-3:30	19	20
21	22 Lifting/Condition 1:30-3:30 Passing League Lyman HS 6:00-8:30 pm	23 Lifting/Condition 1:30-3:30	24 Lifting/Condition 1:30-3:30	25 Lifting/Condition 1:30-3:30	26	27
28	29 Lifting/Condition 1:30-3:30 Passing League Lyman HS 6:00-8:30 pm	30 Lifting/Condition 1:30-3:30 Down and Dirty Lineman Camp @Stetson University				



Bears Football

July 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Lifting/Condition 1:30-3:30 Down and Dirty Lineman Camp @Stetson University	2 Lifting/Condition 1:30-3:30 Down and Dirty Lineman Camp @Stetson University	3	4
5	6 Lifting/Condition 1:30-3:30 Passing League Lyman HS 6:00-8:30 pm	7 Lifting/Condition 1:30-3:30	8 Lifting/Condition 1:30-3:30	9 Lifting/Condition 1:30-3:30	10	11
12	13 Lifting/Condition 1:30-3:30 Passing League Lyman HS 6:00-8:30 pm	14 Lifting/Condition 1:30-3:30	15 Lifting/Condition 1:30-3:30	16 Lifting/Condition 1:30-3:30	17	18
19	20 Lifting/Condition 1:30-3:30 Passing League Lyman HS 6:00-8:30 pm	21 Lifting/Condition 1:30-3:30 Pop Warner Camp 6:00-7:30	22 Lifting/Condition 1:30-3:30 Pop Warner Camp 6:00-7:30	23 Lifting/Condition 1:30-3:30 Pop Warner Camp 6:00-7:30	24	25
26	27 Lifting/Condition 9:00-11:00 am	28 Lifting/Condition 9:00-11:00 am	29 Lifting/Condition 9:00-11:00 am	30 Kodiak Testing 9:00-11:00 am	31	



Bears Football

August 2009

2	3	4	5	6	7	8
9	10 1 st Day of Practice 8 am – 1 pm	11 Practice 8 am – 1 pm	12 Practice 8 am – 1 pm	13 Practice 8 am – 1 pm	14 Practice 8 am – 1 pm	15 Discount Card Sales 8am - 12 noon
16	17 Practice 8 am – 1 pm	18 Practice 2:45-5:30 pm	19 Practice 2:45-5:30 pm	20 Practice 2:45-5:30 pm	21 Purple and Gold Scrimmage 7:00 pm @ The Den	22
23	24 1 st Day of School Practice 2:45-5:30	25 Practice 2:45-5:30	26 Practice 2:45-5:30	27 Practice 2:45-4:30	28 Kickoff Classic Vs Harmony Home 7:30 pm	29
30	31					



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Bears Football

Su 	Mon	Tue	Wed	Thu	Fri	Sat
30						

Bears Football

May 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Helmets/Shorts First Day of Spring Practice 2:45-5:15	2 9:00 - 12:00 Pennies Fund Raiser
3	4 Helmets/Shorts Practice 2:45-5:15	5 Helmets/Shorts Practice 2:45-5:15	6 Study Hall 1:30 Full Pads 2:45-5:15	7 Full Pads 2:45-5:15	8 Full Pads 2:45-5:15 Scrimmage	9
10	11 Full Pads 2:45-5:15	12 Full Pads 2:45-5:15	13 Study Hall 1:30 Full Pads 2:45-5:15	14 Full Pads 2:45-5:15	15 Full Pads 2:45-5:15 Scrimmage	16
17	18 Full Pads 2:45-5:15	19 Full Pads 2:45-5:15	20 Study Hall 1:30 Full Pads 2:45-5:15	21 Shells 2:45-4:45	22 Parent Meeting Cafeteria 6 pm Purple/ Gold Game 7:00 @ WS-The Den	23
24	25 Memorial Day No Practice	26 Full Pads 2:45-5:15	27 Study Hall 1:30 Full Pads 2:45-5:15	28 Helmets/Shorts 2:45 -4:45 2009 Season Physicals 5:30pm	29 SPRING JAMBOREE Home Lake Mary 7:00	30